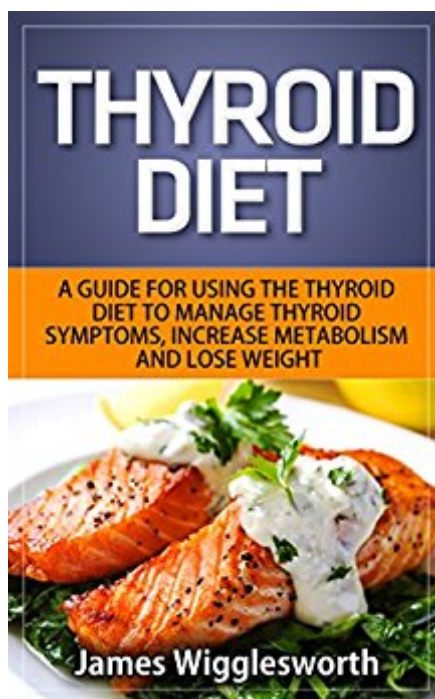


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Thyroid Diet: A Guide For Using The Thyroid Diet To Manage Thyroid Symptoms, Increase Metabolism And Lose Weight (dieting, Weight Loss, Thyroid, Hyperthyroidism, ... Hyperthyroidism Diet, Thyroid Diet Plan,)



Synopsis

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Very basic info here. I thought I was getting a diet plan to help thyroid function. This book did not deliver.

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